



## Council on Student Services

Minutes of the meeting held on Wednesday, November 18, 2020

4 pm – 6 pm

Zoom meeting

**Members:** Desmond P., Nadia R., Varsha P, Sheila J, Sarah A, Lulu G, Kanitha U, Eesha C, Stephanie E, Tristine A, Menilek B, Bill F, Fae A, Kiana J, Sabrina P, TJ H, Yansunen C, Tianna T, Greg H, Erika L, James D,

**Non-Members:** Chris B., Tasneem N., (Acting Secretary) , Delicia A, Christine S, Marg L, Shari R, Mohsin B, Jonathan C, Edwina S, Elsa K, Emily Z, Chanda C, Dana N, Darlene P, Amber W, Cornell J, Tarak A, Tayyab R

### 1. Approval of Agenda

Moved: TJ H

Second: Lulu G

All in favour. Agenda approved.

### 2. Approval of Meeting Minutes – September 23, 2020

Move: Eesha C

Second: Lulu G

All in favour. Agenda approved.

### 3. Approval of Motion from the Enhancement Fund Committee (Round 1)

Move: TJ H

Second: Kiana J

Eesha and TJ spoke briefly about the applications that were received in Round 1, and the new format of requests for the COVID year – request for funding for apps, equipment, etc.

All in favour. Motion approved and carried.

### 4. Presentations from Portfolios of Student Experience and Wellbeing:

- Health and Wellness

appointments, and  
counselling appointments. Over 2000 students received personal counselling

Shari said their priorities for the 21/22 year is to optimize virtual care, support and services , provide inclusive care, enhance embedded counselling services, support student Mental Health, and strengthen community partnerships. Elsa spoke briefly about Health Promotion programming - wellness peer programs, suicide intervention, mental health network and mental health training. Emily spoke briefly about primary medical care – clinical care, advocacy, referrals, vaccinations, mental health nursing, etc. Tarek spoke about the peer support program, online group counselling, personal counselling, embedded

Menilek asked for details on schedule and events. Sheila said everything is available on the HWC website and social media. Fae asked if the sessions mentioned earlier are drop in –Tarek responded that some need prior registration, some don't, and it depends on the workshops being offered and its content.

Elsa also shared information on wellness talks at home as listed on CLNx and social media. HWC groups are available at: <https://www.utoronto.ca/hwc/group-therapy-schedule> . Emily shared mental health wayfinder at: <https://prod.virtualagent.utoronto.ca/>

- **Athletics and Recreation**

Mohsin began by introducing himself and the athletics department and facilities. Some of the priorities are embedding equity principles into programming, enhancing international student experience, increase women's participation and experience, increase programming for residence students , increase social media presence to promote our programming, and adapted programming due to COVID.

Some social media initiatives undertaken by the athletics and recreation department during COVID have been – how are you staying active, keep up challenge, step up challenge, quarantine series and the

