

Terms of Reference

UTSC Mental Health Network Planning Committee
March 14, 2018

Mental Health Network Background

The Mental Health Network has evolved from the genuine interest and support from Student Affairs and Services at the University of Toronto Scarborough (UTSC) campus. It initiated as a proposal of establishing partnerships within and outside of the campus to address mental health and addiction awareness, remove the stigma surrounding mental illness and develop mental health intelligence within the campus community.

Various services, departments, courses, events, workshops and initiatives across the UTSC campus have provided the community with education, awareness, tools, supports and resources related to mental health. The uniqueness of The Mental Health Network at UTSC is that it provides partnerships and collaborations between key stakeholders consisting of students, staff and faculty which are integral to promote mental health that is community driven, intentional and coordinated to meets the needs of the UTSC community.

In addition, establishment of connections and partnerships with key stakeholders off-campus in the community, a further understanding of a mental health model and population health model, and aligning with the University of Toronto's Student Mental Health Framework and Strategy (October 2014) will further guide the network's direction.

Figure 2: Framework for Post-Secondary Student Mental Health

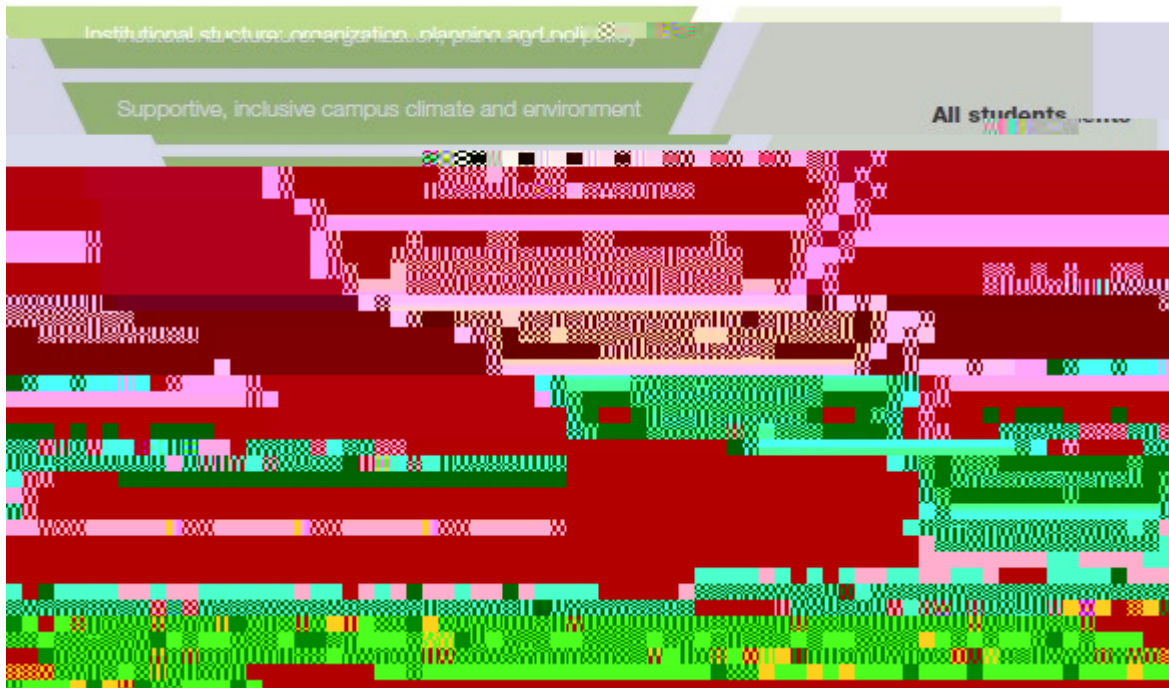
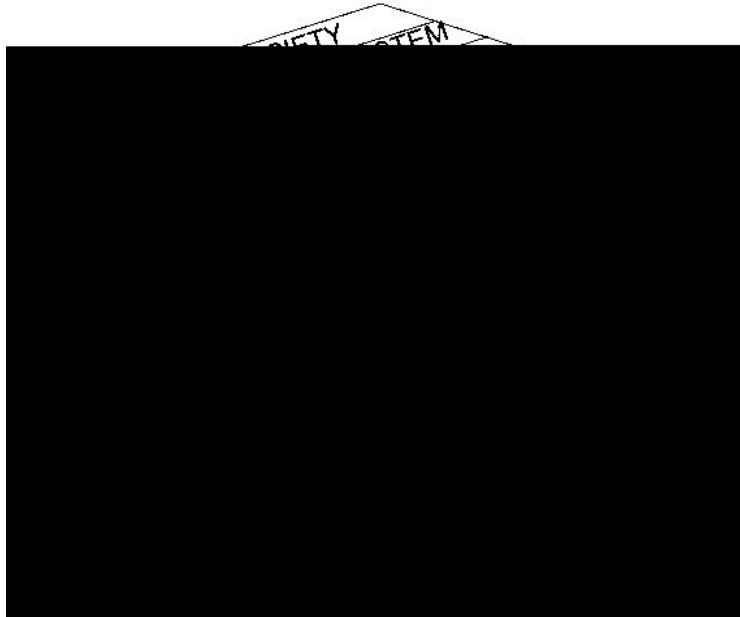


Figure 3: Population Health Model



Definition of UTSC Community: Refers to students, staff, faculty, that reside, attend school, work, and teach on the University of Toronto Scarborough campus. It may also include community partners that have working relationships with our campus.

Overall Objectives of Mental Health Network

1. Identify and share information and resources that are culturally competent (that also include spiritual/religious supports) related to mental health services, programs and initiatives for the UTSC community.
2. Create opportunities for collaborations, partnerships and capacity building to meet the needs of the UTSC community.
3. Commit to increase mental health awareness, decrease stigma associated with mental health and provide educational/training opportunities for a stronger understanding of mental health on campus.
4. Advocate for mental health resources and supports that are diverse, intersectional, anti-oppressive and accessible to the UTSC community.

5. Provide a forum to review the University of Toronto's Student

Workgroups

- Workgroups will form as needed to address specific agenda items such as stigma and awareness, training and education, advocacy and peer support and other items raised by members.
- Workgroups will provide status updates at each network meeting.
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