

Safety Guidelines and Considerations for Job Shadowing

Job shadowing is increasingly becoming an integral part of the learning experience for students in elementary and secondary schools. It allows students to observe people as they perform their regular job duties and to see how skills learned in school are put into action in the workplace. At the University of Toronto, job shadowing is part of the “U of T Bring Our Children to Work Day” and the “Take Our Kids to Work Program.” These guidelines have been prepared by the Office of Environmental Health and Safety to assist the student, parents, workplace sponsor and workplace supervisor to make the