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- ! If you have been attending university for any length of time, you have probably conducted research. In general, research is the prolonged study of a subject and results in a final product such as an article, paper, or presentation
- ! For those pursuing a career in academia, a background in research is vital. Most graduate schools are looking for innovative students to bolster their ranks, and there is no better way to prove your academic worth than solid research experience
- ! Research can be beneficial if you are pursuing a non-academic career as it provides practical experience
- ! Research can also be of personal importance, as it can expand your career and academic horizons in new and unexpected directions

Gaining supervised research experience can prove challenging, especially while engaging in your undergraduate studies.

## V

- ! Hospitals, charities, and non-profit organizations are common places to engage in volunteer research work. They frequently have positions available in a number of fields, from life sciences to social work
- ! These volunteer opportunities are competitive, which means that it is important to apply with a well-developed résumé and cover letter
- ! Be sure to pick up your copy of the *Volunteering* tip sheet which lists several suggestions and resources

## S S C

- ! Another excellent method of gaining research experience is through a supervised study course. Offered in the majority of programs, these courses allow students to conduct an extensive examination of literature in a selected topic, or perform laboratory and/or field work in their area of study
- ! In order to qualify for a course, students must locate a professor who will agree to supervise the course, and register for it. For further information, consult the course calendar or see your Program Supervisor



